Oven Baked Portobello Mushrooms

A delicious starter, light lunch or dinner, or a snack

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INGREDIENTS

- 4 big portobello mushrooms, washed
- olive oil
- salt
- black pepper
- fresh thyme
- about 100g feta cheese
- some parmesan cheese



DIRECTIONS

- 1. Drizzle an oven tray with some olive oil.
- 2. Remove the foot from the mushrooms and place the in the oven tray.
- 3. Drizzle some more olive oil on the mushrooms.
- 4. Season with salt, pepper and fresh thyme.
- 5. Crumble the feta cheese on the mushrooms, about 25g per mushroom.
- 6. Then grate some parmesan cheese on the mushrooms and season with some more black pepper.
- 7. Bake the mushrooms in 200°C in the middle shelf of the oven for 10 minutes. Then drop the temperature to 150°C and continue baking for another 10 minutes or until a fork pierces through easily.
- 8. Remove from the oven and allow to cool a little. Hot mushrooms can burn your tongue very badly.
- 9. Serve as a starter or as a side to any other meal.