

Crunchy Green Salad with Radishes

Tasty & healthy spring salad

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INGREDIENTS

- ¼ iceberg salad
- ½ cucumber
- 2 spring onions
- 20 radishes

- 2 tbsp natural flavoured yogurt (I use Greek yogurt)
- salt
- pepper



DIRECTIONS

1. Start by washing all of the vegetables well.
2. Slice the iceberg salad finely and add to a big bowl.
3. Cube the cucumber and slice the onions. Add to the bowl with the salad.
4. Cut the green parts and the bottom ends of the radishes and then cut the radishes into quarters. Add the radishes also to the salad bowl.
5. Measure 2 tablespoons of natural flavoured yogurt and pour over the salad. Season with some salt and pepper to taste and mix the salad well so that all of the vegetables are covered with the yogurt.
6. Serve fresh as a side salad or as a light meal on its own.